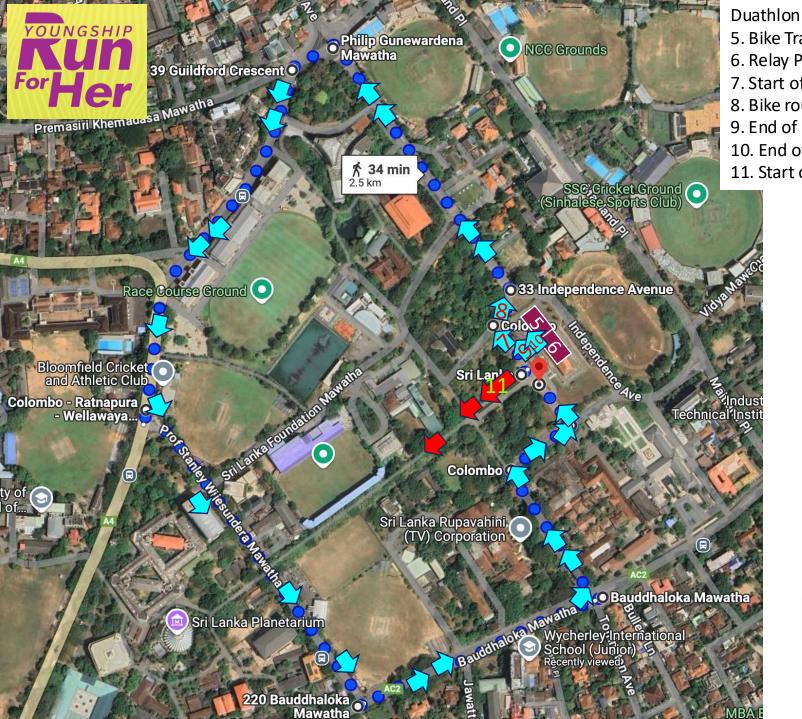
YOUNGSHIP ForHer 33 Independence Avenue Sports I Play Gro e Course Ground Independence Memorial Museum Museum devoted to Sri Lankan heroes Sri Lanka Foundation (oomfield Cricket d Athletic Club Institute **Indep** 75 Independence Walk Arcade Independence Square Shopping mall Rôyal College ports Complex Colombo • Royal Brandix Sky Pavillion Sri Lanka Rupavahini (TV) Corporation etarium Entrance Bauddhaloka Mawatha da Bauddhaloka Thurstan College Cricket Grounds Wycherley International School (Junior) Recently viewed **½ 27 min** 2 km 220 Bauddhaloka Mawatha Tea_Avenue

Duathlon

- 1. Start line
- 2. Start of 1st Run
- 3. Run route
- 4. End of 1st Run
- 5. Bike Transition
- 6. Relay Pen





- 5. Bike Transition
- 6. Relay Pen
- 7. Start of 1st Bike lap
- 8. Bike route
- 9. End of 1st Bike lap & start of 2nd lap
- 10. End of 2nd Bike lap
- 11. Start of 2nd Run

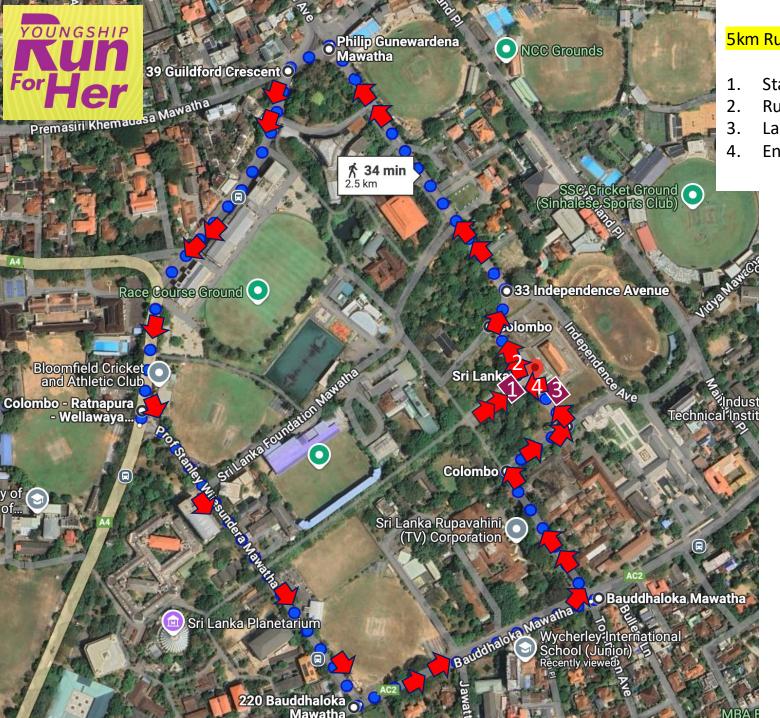




Duathlon

- 11. Start of 2nd Run
- 12. 2nd Run route
- 13. End of 2nd Run & End of Duathlon
- 14. Finish Line





5km Run (2 loops of 2.5km)

- Start Line / Start Arch
- 2. Run route
- 3. Lap counter & start of 2nd loop
- 4. End of 5km run

